

THE KOIS DEPROGRAMMER

The Kois Deprogrammer is a removable orthodontic retainer-like appliance which your dentist uses to diagnose any bite problems you may have. It allows your jaw muscles to relax and function independently from their usual position associated with your current bite.

After a period of wearing the Kois Deprogrammer your former muscle memory pattern will be erased.

As a result, your new bite can be determined and recorded.

Once your lower jaw has fully relaxed and any symptoms you might have had are resolved, your dentist will be able to provide you with treatment options which place your bite in this new more comfortable position.

Frequently Asked Questions

1. *What is involved in my wearing a Kois Deprogrammer?*

- Your Deprogrammer will need to be worn for a period of two to four weeks.
- During that time it is important that you wear the Deprogrammer as much as possible in order to allow the jaw muscles to relax or deprogram, and change to a new closing bite position that you go to every time.
- Exceptions in wearing are eating or cleaning your teeth, or special occasions.

2. *How will my Kois Deprogrammer feel in my mouth?*

- The Deprogrammer is designed to feel as comfortable as possible.
- There may be some initial speech changes, but within a few days these will disappear as your jaw muscles and tongue will have adapted.
- Soreness of the chewing muscles may initially occur but these will go away as the muscles relax.
- If you are clenching on the Deprogrammer your lower teeth may become sore.

3. *How much will my bite change?*

- Usually a very small amount, although the improvement in the feel of your bite after wearing the Deprogrammer for a period of time may be clearly noticeable.

4. *What happens if I decide not to proceed with treatment after wearing my Kois Deprogrammer?*

- Your chewing system will allow the change in your bite to adapt back to your original bite after a few hours of leaving the Deprogrammer out of your mouth.

5. *How do I care for my Kois Deprogrammer?*

- Clean the Deprogrammer every time you clean your teeth by gently brushing it with a small amount of toothpaste on your tooth brush.
- Rinse with warm water and if leaving out of your mouth keep it safe in its retainer box.



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